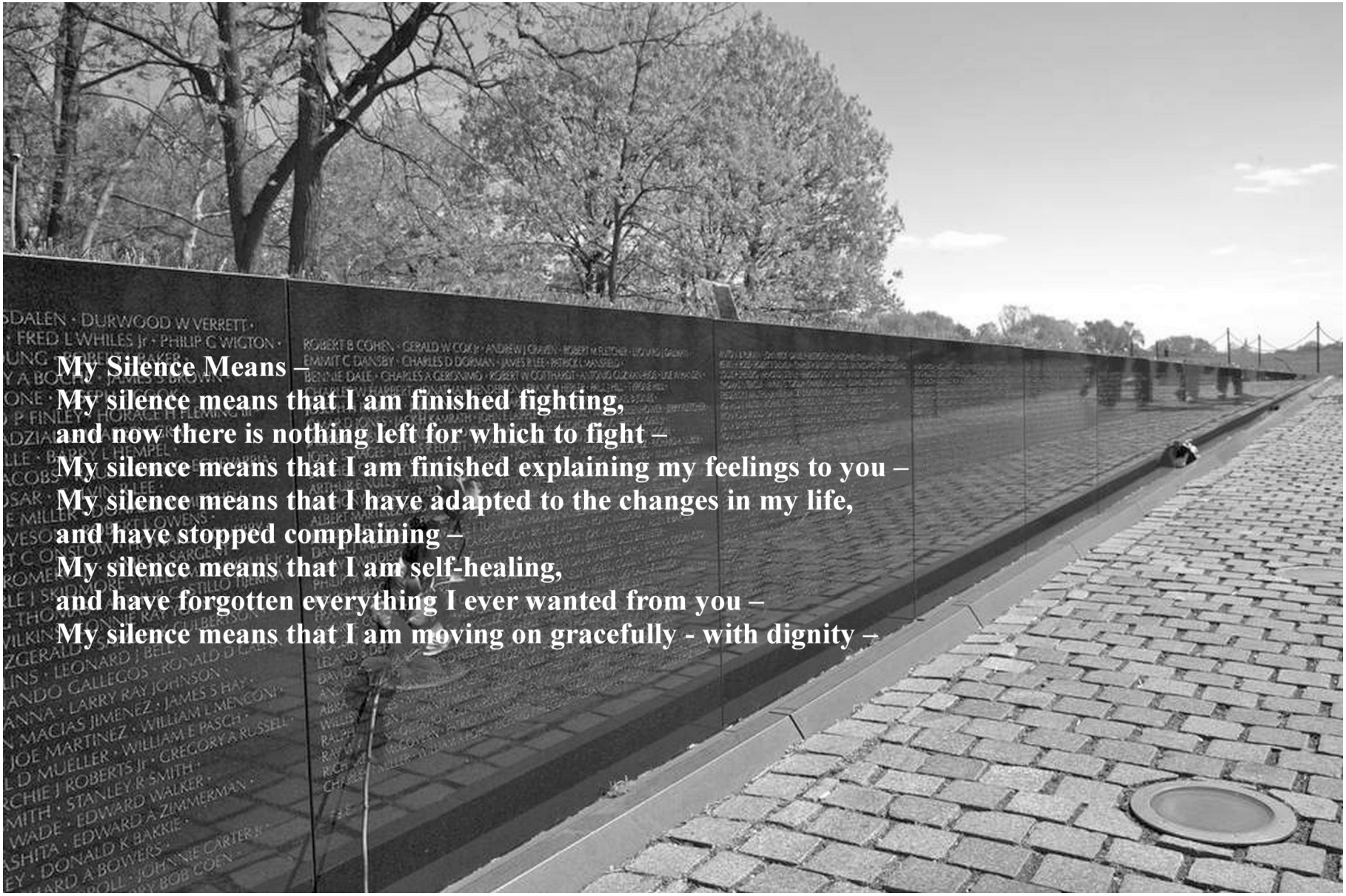

My Silence Means –
My silence means that I am finished fighting,
and now there is nothing left for which to fight –
My silence means that I am finished explaining my feelings to you –
My silence means that I have adapted to the changes in my life,
and have stopped complaining –
My silence means that I am self-healing,
and have forgotten everything I ever wanted from you –
My silence means that I am moving on gracefully - with dignity –